



# Constitutional Facial Acupuncture Archetypes: "Discovering your Original Face"

## About The Seminar:

This innovative certification series examines our constitutional blueprints (archetypes) in conjunction with the 6 stages of the Shang Han Lun, to address basic behavior, personality traits, health tendencies and the quality of Shen in everyone.

Utilizing information from ancient Chinese texts, participants will learn how to determine their dominant constitution, personal expression, complexion (Shen), archetypal physiognomy, constitutional tendencies to form wrinkles, and their potential for "healthy aging".

Also included is a mapped-out protocol for each of the 6 zones Taiyang/Shao Yin (back), Yangming/Tai Yin (front) and Shaoyang/Jue Yin (side)- for both face and body; advanced needling techniques, trigger points motor points and "ashi" points. The 3 constitutional levels, Jing (8 Extraordinary meridians), Ying (TCM points) and Wei (ashi points) will also be considered.

Participants will be provided with information regarding contraindications, benefits, intake/release forms, patient pre-screening, and will be introduced to a topical Chinese herbal facial protocol.

The Instructor will demonstrate the entire facial acupuncture protocol, and participants will give and receive treatments under her supervision.

## This workshop is relevant for:

TCM Practitioners who would like to become more proficient and take their clinical expertise to a higher level; Advanced TCM students.

**TIMES:** 9.30am-5.30pm

**DATES:** 26-27 March & 2-3 April 2011

**VENUE:** To Be Advised

## About Mary Elizabeth Wakefield

### AAAOM EDUCATOR OF THE YEAR

Ms. Wakefield is an internationally recognized author, teacher, Oriental medical practitioner and musician, acupuncturist, herbalist, Zen shiatsu and cranio-sacral therapist, and an opera singer.

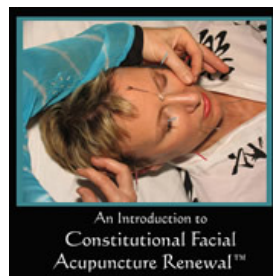
She is a creator of innovative treatment protocols and writer for acupuncture and spa magazines – including several articles in *Spa Asia*, and has contributed significantly to raising public awareness of facial acupuncture as a viable, holistic treatment modality.

Ms. Wakefield is Adjunct Professor of Facial Acupuncture at Acupuncture & Integrative Medicine College (AIMC) in Berkeley, CA.

She has personally trained close to 3,000 acupuncturists, bodyworkers and estheticians from 5 continents - North America, South America, Europe, Asia and Australasia - in her protocols, and maintains a private practice on the Upper East side of Manhattan in New York City.

## DVD Now available!!

An Introduction to  
Constitutional Facial  
Acupuncture Renewal™  
with Mary Elizabeth  
Wakefield.  
RRP \$99  
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